

**1st and 2nd Sundays of Lent
March 10th & 17th, 2019**

Administrator

Father Jan Kusyk

Pastoral Minister

Deacon Brent McLaren

Phone: (613) 259-2155

Parish Email

sacredheart1903@gmail.com

Bulletin Announcements

sacredheart1903@gmail.com

with 'Attention Gail' in the title

Mass Intentions

sh.sbmassintentions@gmail.com

Parish Website

<http://sacredheart-stbridget.com>

Sacred Heart School

(613) 259-2113

Foy Hall Bookings

91 Princess St.

Claude Charette

(613) 259-3360

BVM Hall Bookings

Marg McMunn

(613) 267-1085

St. Bridget Cemetery

Debbie Miskiman

(613) 264 8035

Donna Jowsey

(613) 267 6179

SACRAMENTS

Weddings

Contact Parish at least
six months in advance

Baptisms

Contact Parish for
appointment

Confessions

Half hour before Mass, Fridays
during Holy Hour,
or by appointment

Funerals

Contact Parish

Please note that eulogies are not
permitted at the Funeral Mass.

The twinned parishes of
Sacred Heart & St. Bridget

and the missions of

St. Columbkil & St. Vincent de Paul

Weekend Mass Schedule

Saturday, 5 pm

Sacred Heart, 86 Princess Street, Lanark

Sunday, 9 am

Sacred Heart, 86 Princess Street, Lanark

Sunday, 11 am

St. Bridget 869 Stanley Rd, Stanleyville

To Keep a True Lent (Robert Herrick 1648)

Is this a fast, to keep

The larder lean?

And clean

From fat of veals and sheep ?

Is it to quit the dish

Of flesh, yet still

To fill

The platter high with fish ?

Is it to fast an hour,

Or ragg'd to go,

Or show

A downcast look and sour ?

No ; 'tis a fast to dole

Thy sheaf of wheat,

And meat,

Unto the hungry soul.

It is to fast from strife,

From old debate

And hate ;

To circumcise thy life.

To show a heart grief-rent ;

To starve thy sin,

Not bin ;

And that's to keep thy Lent.

Mass Intentions March 09-24, 2019

First Sunday of Lent

Mar 09 (Sat)	5:00 PM	Sacred Heart <i>For the people of the Parish</i>
Mar 10 (Sun)	9:00 AM	Sacred Heart Intentions of Helen Dutschek <i>requested by John & Liesa Schweighardt</i>
	11:00 AM	St. Bridget Desmond Quigley+ <i>requested by Denise Tobin</i>
Mar 12 (Tues)	11:15 AM	St. Bridget <i>Special Intention</i>
Mar 13 (Wed)	8:30 AM	Sacred Heart <i>Special Intention</i>
Mar 14 (Thurs)	8:30 AM	Sacred Heart <i>Special Intention</i>
Mar 15 (Fri)	8:30 AM	Sacred Heart
	9:00 AM	<i>Stations of the Cross followed by Holy Hour/Confessions</i>

Second Sunday of Lent

Mar 16 (Sat)	5:00 PM	Sacred Heart Charlie Lance+ <i>requested by Pat Molyneaux</i>
Mar 17 (Sun)	9:00 AM	Sacred Heart <i>For the people of the parish</i>
	11:00 AM	St. Bridget Jim McCann+ <i>requested by Joan Sequin</i>

Solemnity of St. Joseph, Spouse of the Blessed Virgin Mary

Mar 19 (Tues)	11:15 AM	St. Bridget <i>Special Intention</i>
Mar 20 (Wed)	8:30 AM	Sacred Heart <i>Special Intention</i>
Mar 21 (Thurs)	8:30 AM	Sacred Heart <i>Special Intention</i>
Mar 22 (Fri)	8:30 AM	Sacred Heart
	9:00 AM	<i>Stations of the Cross followed by Holy Hour/Confessions</i>

Third Sunday of Lent

Mar 23 (Sat)	5:00 PM	Sacred Heart <i>For the people of the Parish</i>
Mar 24 (Sun)	9:00 AM	Sacred Heart Royal+ & Isabel+ Trepanier <i>requested by Leo Trepanier</i>
	11:00 AM	St. Bridget Intentions of Sr. Aelred Erwin <i>requested by Ruth Oblinski</i>

The Holy Father's March Prayer Intentions

Recognition of the Right of Christian Communities: That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

Announcements

The collection for the **Lanark Food Program** at Sacred Heart Parish is the first Sunday of the month. Please place your donations at the back of the church. Thanks for immense generosity.

Don't forget to check out our **Facebook** page for important faith reminders throughout the week! Search for "**Sacred Heart & St. Bridget Parishes**" and be sure to LIKE the page.

Unbound Five Keys Conference: Miriam Wright, international speaker for Unbound and Fr. Rob Arsenault CC, The Father's Blessing. Sat., Mar. 30, 9:00 am -4:00 pm at Holy Redeemer Parish, 44 Rothesay Dr., Kanata. Mass at 8:00 AM celebrated by Bishop Christian Riesbeck CC. Info & registration: unboundottawaregister@gmail.com by Mar. 20. Cost: \$25 payable on the day of the conference. Lunch not provided.

RESTING IN THE TENDERNESS OF GOD: Join us for seven evenings of study in the tenderness of God. Let your heart journey with us into the Heart of the all-merciful God who wants to make you whole. Pope Francis said that we need a "revolution of tenderness". This tenderness can be found by diving deeper into the seven "secrets" of Divine Mercy. Beginning March 4th at 7 PM and every Monday up to and including April 15th, you are invited to join us at the Divine Mercy Apostolate (2531 Dalhousie Concession 2, just north of Hopetown) so that we can all prepare ourselves spiritually for the celebration of the Lord's Resurrection and Divine Mercy Sunday.

Walk through the Liturgy with **Bishop Robert Barron** and you'll be transformed through insights on this most privileged and intimate encounter with our Lord Jesus Christ. The renowned series "**The Mass**" will be presented starting on **March 14, 2019 at 7:00 PM** in the BVM Hall, Stanleyville. Preregister early to ensure a copy of Stanleyville. **Preregister early to ensure a copy of the course materials** by emailing stbridgetstanleyville@gmail.com. All are welcome.

St. Patrick's Day Roast Beef Dinner: Sun., March 17, 4-6 pm, Farrell Hall, 186 Gore St. E., Perth. Homemade pies, salads, all the trimmings. Adults, \$15 in advance (\$17 at door); children, 6-12 yrs., \$9; under 6 yrs, free. For tickets, call Pat Loftus (267-6303) or Jacques Trudel (267-2950). Sponsored by K of C Perth Council 3531.

The next **Ottawa Challenge Weekend** is March 15 -17th. It is a youth-to-youth approach (ages 16-24), a live-in weekend environment, a group discussion format and a team approach. The focus of Challenge, as in Cursillo, is on the post-weekend support. Through Ultreyas ("meeting place") and other Challenge and Cursillo gatherings, the community provides support for those trying to live as Christians. For more info, go to <http://ottawachallenge.ca/> or speak to Gail Shepherd.

The next **women's Ottawa Cursillo** weekend is March 21 – 24 and the men's weekend is April 25 – 28th. For more info, speak to Gail Shepherd or go to <http://www.ottawacursillo.ca/>. Please keep Gail in your prayers as she serves at both the upcoming Challenge & women's Cursillo weekends.

A **Healing Mass** will be held at St Francis de Sales Church, Smiths Falls, on March 29, 2019 at 11am. A warm welcome to all. Come and experience the healing love of God. For further information call parish office 613-283-0220.

Project Rachel retreats are part of a ministry of healing for women who have been hurt by abortion. The next retreat is scheduled for May 31-June 2, 2019 in Madoc, On. For more info, contact St. Mary of Egypt Refuge, 613-473-2679, www.stmarysrefuge.org

Totus Tuus Catholic Summer Camp: Registration is open. Totus Tuus (Latin for Totally Yours) is a faith-based week-long camp that includes faith activities, skits, sports, crafts, music & outdoor fun day camp for children. The Perth Camp will be Jul 21 – 26 at SJCES. Financial contributions to help sponsor children to attend camp would be welcomed. Go to www.kingstonvocations.com/totus-tuus to register and find more info or contact Nadia Gundert at 613-484-2446.+

The **singing group from St. Bridget's** would like to thank the Parish Council & Finance Committee for the construction of banisters for helping us safely climb the stairs each week, for the banister and bench supports installed. We greatly really appreciate this effort.
